

Conversations of Gratitude Grateful for Today

**“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”
1 Thessalonians 5:18 NIV**

WORD: God, what are You saying to me through this Scripture?

A **“circumstance”** is something that is happening in your life. This can be something good or something that is bad. The Bible tells us God wants us to be thankful, not just in *some* circumstances, but **“in all circumstances.”** ~ *What “circumstances” are in your life today? Does it feel easy or hard to be thankful right now? Name three things you can be grateful for in today’s circumstances.*

WHY: God, why does this Scripture matter?

This Scripture matters because the Bible says that grateful, thankful hearts are **“God’s will for you.”** In other words, gratitude is His plan for our lives. **Even though we may have to deal with difficult things, He wants us to set our hearts on what we can be grateful for today.** ~ *What are some of the hard things in your life right now? What do you think God wants you to do about these? How does gratitude affect your heart? Why should you be “grateful for today” even if it is difficult?*

WHAT: God, what else does Your Word say to me about this?

Gratitude is a theme throughout Scripture. The book of Ephesians says we should live, **“Giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,”** (5:20 ESV) The book of Psalms says, **“This is the day that the Lord has made; let us rejoice and be glad in it”** (Psalms 118:24). This choice to be grateful becomes an attitude that becomes an action that affects everything about us. ~ *Since God made this day, what can you “be glad” about in it?*

WORSHIP: God, how do You want me to respond to this truth?

Thanksgiving isn’t just a holiday or a special event. God wants thanksgiving to be part of our hearts and lives every day, including today. **He gives us days, and we give Him praise.** That’s a pretty good trade-off, even during the hard times! ~ *Let’s talk about some of the blessings we are grateful for in the circumstances we face today. Let’s thank God for these!*

Family Disciple Me Blessing

May your thankful heart affect everything about your attitude and actions today and every day,
to the praise of God’s glory. In Jesus’ Name, amen!